Youth
Lesson 4

How well do you read other people?

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Social & Emotional Learning lessons aimed at combatting bullying in a school environment by developing social and emotional skills of young people aged 11-14
Lesson 4

Target group: Young people

This face is expressing ...

Embarrassment • Fear • Sadness • Surprise
**Lesson 4**

**Target group:** Young people

**Answer** FEAR

**Eyebrows:** Muscle contracts to pull eyebrows up and in.

**Eyelids:** Lower eyelid contracts and upper eyelids raise slightly.

**Lips:** Lip corners pulled sideways, tightening and elongating the mouth.
Lesson 4

Target group: Young people

This face is expressing ...

**Flirtatiousness • Interest • Happiness • Politeness**
Lesson 4

Target group: Young people

Answer HAPPINESS

Eyelids: Muscles tighten around eyes, pouching of lower eyelid

Lips: Corners pulled up
Lesson 4

Target group: Young people

This face is expressing ...

Sadness • Pain • Anger • Disgust
Lesson 4

Target group: Young people

Answer ANGER

*Forehead:* Muscle contracts to furrow brow

*Eyelids:* Muscles contract to tighten lower eyelids and raise upper eyelids

*Lips:* Tighten and press together
Lesson 4

Target group: Young people

This face is expressing ...

Embarrassment • Sadness • Amusement • Shame
Lesson 4

Target group: Young people

Answer EMBARRASSMENT

Head: Moves down and to the side

Lips: Press together and corners turn up slightly
Lesson 4

Target group: Young people

This face is expressing ...

Pride • Contempt • Excitement • Anger
Lesson 4

Target group: Young people

Head: Tilts backward
Lips: Corners go up in slight smile
Jaw: Thrusts out

Answer PRIDE
Lesson 4

Target group: Young people

This face is expressing ...

Fear • Interest • Surprise • Compassion
Lesson 4

Target group: Young people

Answer SURPRISE

Eyes: Eyebrows and upper eyelids rise

Mouth: Opens as jaw drops
Target group: Young people

Lesson 4

This face is expressing ...

Sadness • Shame • Disgust • Contempt
Lesson 4

Target group: Young people

Answer: CONTEMPT

Head: Tilts to the side

Eyes: Look to the side

Lips: Corners tighten on only one side of the face
Lesson 4

Target group: Young people

This face is expressing ...

Anger • Pain • Disgust • Sadness
Lesson 4

Target group: Young people

Answer DISGUST

**Eyes:** Narrow and eyebrows pull down and in

**Nose:** Wrinkles at bridge

**Mouth:** Upper lips rise and mouth opens, tongue sticks out
Lesson 4

Target group: Young people

This face is expressing ... 

Desire • Embarrassment • Flirtatiousness • Love
Lesson 4

Target group: Young people

Answer FLIRTATIOUSNESS

**Eyes:** Narrow and make contact with someone

**Head:** Turned to the side

**Lips:** Corner pulled up
Lesson 4

Target group: Young people

This face is expressing ...

Shame • Anger • Sadness • Pain
Lesson 4

Target group: Young people

**Answer PAIN**

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**Eyes:** Close tightly, eyebrows lower

**Lips:** Tighten and press upwards
Lesson 4

Target group: Young people

This face is expressing ...

Compassion • Anger • Sadness • Interest
Lesson 4

Target group: Young people

Answer  COMPASSION

Eyebrows: Pulled in and up
Head: Tilts forward slightly
Lips: Press together
Lesson 4

Target group: Young people

This face is expressing ...

Amusement • Desire • Surprise • Excitement
Lesson 4

Target group: Young people

Answer **AMUSEMENT**

- **Head:** Thrown back
- **Eyes:** Muscles tighten around the eyes
- **Mouth:** Open, with muscles around it relaxed
Lesson 4

Target group: Young people

This face is expressing ...

Surprise • Interest • Desire • Happiness
Target group: Young people

Lesson 4

Answer **INTEREST**

- **Head:** Tilts forward slightly
- **Eyebrows:** Raised straight up
- **Lips:** Corners pulled up in slight smile
Lesson 4

Target group: Young people

This face is expressing ...

Sadness • Shame • Disgust • Compassion
Answer: SADNESS

**Forehead:** Skin pouches in middle

**Eyes:** Eyebrows pull in and partly up, downward gaze

**Lips:** Corners pulled straight down
Target group: Young people

Lesson 4

This face is expressing ...

Love • Contempt • Desire • Disgust
Lesson 4

Target group: Young people

Answer DESIRE

Mouth: Open, with tongue sticking out
Lesson 4

Target Group: Young people

This face is expressing...

Sadness • Pride • Embarrassment • Shame
Lesson 4

Target group: Young people

Answer SHAME

Head: Tilts down
Eyes: Look downward
Lesson 4

Target group: Young people

This face is expressing ...

Politeness • Happiness • Desire • Compassion
Lesson 4

Target group: Young people

Answer POLITENESS

**Eyes:** Muscles remain relaxed, no crow’s feet

**Lips:** Corners pulled up slightly
Lesson 4

Target group: Young people

This face is expressing ...

Sadness • Shame • Embarrassment • Love
Lesson 4

Answer EMBARRASSMENT

**Head:** Moves down and to the side

**Hand:** Touches the face

**Lips:** Press together, corners pulled up slightly
This face is expressing ...

Sadness • Guilt • Pain • Disgust
Lesson 4

Target group: Young people

Answer PAIN

**Eyes:** Close tightly, eyebrows lower

**Lips:** Tighten and press upwards
Lesson 4

Target group: Young people

This face is expressing ...

Satisfaction • Flirtatiousness • Love • Compassion
Target group: Young people

**Head:** Tilts to the side

**Eyes:** Lower eyelid tightened

**Lips:** Corners pulled up

**Answer** LOVE