Group activity questions

The following questions you answered in the survey come under one of the following four categories:

1. Self-awareness (SELFA)
2. Social awareness (SOCA)
3. Self-management (SELFM)
4. Relationship management (RELM)

Decide as a group which category the statements fit. Put the category name next to each statement.

1. I find it easy to change my behaviour when I need to
2. If I saw someone being bullied I would have to act
3. I think I can do things just as well as other people
4. I can settle arguments
5. I understand that ‘banter’ can be misunderstood and upsetting
6. I like myself
7. When things happen, I talk about how I feel
8. I know how my actions can make other people feel
9. When my friends need me, I am a good listener
10. I understand how other people are feeling

One member of your group will feed back to the class on what you think about these statements and why you have put them in that category.