

**ENABLE (European Network Against Bullying in Learning and Leisure Environments) aims to tackle bullying in a holistic way, helping young people exercise their fundamental rights in the home, school, class and community.**

The project will be implemented in a half dozen countries across Europe, work with 6,000 young people aged 11-14 years, empower 2,000 parents and teachers, and be integrated in at least 30 schools.

ENABLE teams with leading researchers from across the world. The project is based on the premise that well-being in today's information and knowledge society calls for sound social and emotional skills, built through a deeper understanding and a responsible approach to on- and offline social interactions. In a nutshell, well-being means resilience or the ability to view even the negative through a positive lens.

**Research Phase -  
from October 2014 to September 2016**

- GOALS:
- Research bullying, including its prevalence, risk factors and consequences;
  - Scope impactful actions designed to influence educational policy and practice.

**Resource-building Phase -  
from April 2015 to September 2016**

- GOALS:
- Develop greater empathy (social and emotional learning - SEAL) and improve the self-esteem of young people;
  - Develop innovative digital tools to reduce the frequency and impact of bullying incidents.

**Peer Mentoring Training and Outreach -  
from October 2015 to September 2016**

- GOALS:
- Provide support and easy access to resources for teachers, students, parents, and helplines;
  - Train teachers, pupils and parents, building on the findings from the first phases of the project using a cascade model to multiply reach and impetus.



# 7 ways you can contribute

**GET STARTED**

Go to [www.eun.org/enable](http://www.eun.org/enable) to get started and add your suggestions



**YOUR INPUT**

Access the Facebook forum or use the Incident Reporting template at [www.esafetylabel.eu](http://www.esafetylabel.eu) to talk about bullying incidents at school



**LEARN FROM ENABLE**

Youth, teachers and parents can take part in training or become a certified trainer

**JANUARY 2016**

**ATTEND THE FINAL ENABLE CONFERENCE**

Meet the international Think Tank

**MARCH 2016**

**APPLY FOR MENTORSHIP**

Benefit from the know-how of industry and participate in the EU-wide hackathon

**OCTOBER 2015**



**SHARE RESOURCES**

Submit your top resources to the ENABLE resource competition

**JUNE 2015**



**BECOME A PILOT CLASS**

Work with our digital diaries or pilot test social and emotional learning resources

**MARCH 2015**



## MEET THE ENABLE CONSORTIUM PARTNERS



Diana Award, United Kingdom  
<http://diana-award.org.uk>

SOUTH WEST  
**GRID**  
FOR LEARNING

South West Grid for Learning (SWGFL), United Kingdom  
<http://www.swgfl.org.uk/>



European Schoolnet, Belgium  
[www.eun.org](http://www.eun.org)

# enable

empower children. eliminate bullying.



For Adolescent Health  
[www.youth-health.gr](http://www.youth-health.gr)



Centre for Digital Youth Care (CFDP), Denmark  
<http://cfdp.dk>

*Suradnici  
u učenju  
ucitelji.hr*

Partners in Learning, Croatia  
<http://ucitelji.hr>



## FOLLOW US:

#EnableEU  
 EnableEU group  
 <http://enable.eun.org>

## CONTACT US:

[info-enable@eun.org](mailto:info-enable@eun.org)  
Coordinated by European Schoolnet  
Rue de Treves 61 - 10140 Brussels, Belgium  
[www.europeanschoolnet.org](http://www.europeanschoolnet.org)



This project is funded by the Daphne Programme of the European Union.

This publication has been produced with the financial support of the Daphne Programme of the European Union. The contents of this publication are the sole responsibility of European Schoolnet and its partners and can in no way be taken to reflect the views of the European Commission.

Published by European Schoolnet

By helping children develop social and emotional learning skills and build resilience to combat bullying, ENABLE advocates and supports the UN Convention on the Rights of the Child - no child should suffer from cruel or degrading treatment.

<http://enable.eun.org>

## Quick facts about Enable

1 October 2014 - 30 September 2016

6 partners, 5 countries; with the support of the European Commission, industry and researchers worldwide.