

ENABLE (European Network Against Bullying in Learning and Leisure Environments) aims to tackle bullying in a holistic way, helping young people exercise their fundamental rights in the home, school, class and community.

The project will be implemented in a half dozen countries across Europe, work with 6,000 young people aged 11-14 years, empower 2,000 parents and teachers, and be integrated in at least 30 schools.

ENABLE teams with leading researchers from across the world. The project is based on the premise that well-being in today's information and knowledge society calls for sound social and emotional skills, built through a deeper understanding and a responsible approach to on- and offline social interactions. In a nutshell, well-being means resilience or the ability to view even the negative through a positive lens.

**Research Phase -
from October 2014 to September 2016**

- GOALS:
- Research bullying, including its prevalence, risk factors and consequences;
 - Scope impactful actions designed to influence educational policy and practice.

**Resource-building Phase -
from April 2015 to September 2016**

- GOALS:
- Develop greater empathy (social and emotional learning - SEAL) and improve the self-esteem of young people;
 - Develop innovative digital tools to reduce the frequency and impact of bullying incidents.

**Peer Mentoring Training and Outreach -
from October 2015 to September 2016**

- GOALS:
- Provide support and easy access to resources for teachers, students, parents, and helplines;
 - Train teachers, pupils and parents, building on the findings from the first phases of the project using a cascade model to multiply reach and impetus.



7 ways you can contribute

GET STARTED

Go to www.eun.org/enable to get started and add your suggestions



YOUR INPUT

Access the Facebook forum or use the Incident Reporting template at www.esafetylabel.eu to talk about bullying incidents at school



LEARN FROM ENABLE

Youth, teachers and parents can take part in training or become a certified trainer

JANUARY 2016

ATTEND THE FINAL ENABLE CONFERENCE

Meet the international Think Tank

MARCH 2016

APPLY FOR MENTORSHIP

Benefit from the know-how of industry and participate in the EU-wide hackathon

OCTOBER 2015



SHARE RESOURCES

Submit your top resources to the ENABLE resource competition

JUNE 2015



BECOME A PILOT CLASS

Work with our digital diaries or pilot test social and emotional learning resources

MARCH 2015



MEET THE ENABLE CONSORTIUM PARTNERS



Diana Award, United Kingdom
<http://diana-award.org.uk>

SOUTH WEST
GRID
FOR LEARNING

South West Grid for Learning (SWGFL), United Kingdom
<http://www.swgfl.org.uk/>



European Schoolnet, Belgium
www.eun.org

enable

empower children. eliminate bullying.



For Adolescent Health
www.youth-health.gr



Centre for Digital Youth Care (CFDP), Denmark
<http://cfdp.dk>

*Suradnici
u učenju
ucitelji.hr*

Partners in Learning, Croatia
<http://ucitelji.hr>



FOLLOW US:

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 EnableEU group
 <http://enable.eun.org>

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By helping children develop social and emotional learning skills and build resilience to combat bullying, ENABLE advocates and supports the UN Convention on the Rights of the Child - no child should suffer from cruel or degrading treatment.

<http://enable.eun.org>

Quick facts about Enable

1 October 2014 - 30 September 2016

6 partners, 5 countries; with the support of the European Commission, industry and researchers worldwide.