

## Lesson 1

L1R1

# Learning Agreement

Look after yourself and others in the class

## Treat one another with respect

**Confidentiality** ▶ think about what you are saying. Does it make someone feel uncomfortable? Is what you are talking about confidential?

**Think carefully** ▶ when you are discussing race, gender, sexuality, age, disability, culture and religion

**Active participation** ▶ be prepared to work in pairs and groups. You have the right to skip an individual question if you feel uncomfortable about it, but it is your responsibility to participate in discussions

**If you are upset** ▶ by anything said in the class, make sure you know what to do and who you can talk to about it

**Remember** ▶ we are trying to encourage everybody in our school to make a contribution to minimising bullying

A set of 10 Social and Emotional Learning (SEL) lessons aimed at combatting bullying in a school environment by developing the social and emotional skills of young people aged 11-14.



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