

Lesson 3

L3R2

Bullying scenarios

1 Jenny

Jenny is carrying her food tray through the cafeteria looking for somewhere to sit. The 'popular group' tell her she cannot sit with them. One of them, Monica, trips her up and Jenny falls, dropping her food. Monica laughs loudly saying 'fat cow, you cannot even stand, can you?'. Julian, one of the group, takes a photo with his phone. The group laugh at her. Ben, a boy in Jenny's tutor group, helps her up and leaves the hall with her.

2 Samantha

Samantha is having a disagreement with her friends. One of them, Anne, creates a "Rate Samantha" group on a social networking site. They post embarrassing photos of her and invite their hundreds of "friends" to join the group to look at photos, and comment. Cruel and crude comments are posted on the group's message board. One message says that some girls were planning to beat up Samantha. At school she gets a text message saying, "Take a look at what everyone thinks of you."

3 David

David is in the queue for lunch. Two of his friends, Seth and Trevor, walk up to him and start teasing him about the clothes he is wearing, call him names and say that his trousers are 'gay'. Two cafeteria staff members, Anna and Carol, overhear Seth and Trevor's comments about David.

4 Roy

Roy is taller and heavier than his peers. Roy was getting off the bus, tripped on the last step and fell onto the ground. Justin sees Roy fall and yells, "Look at the beached whale on the ground". Roy turns red, picks himself up and heads into school.

5 Janet

Kate and Maria are walking in the hall together. Maria sees Janet, a girl she regularly picks on. She pushes Janet against the lockers. Kate laughs and just stands there until Maria has finished pushing Janet around. Then the two friends go to class leaving Janet upset.

6 Paul

Paul and Ben are friends. Ben asks Paul, "Do you like chocolate and vanilla cookies?" Paul says, "Yes, why?" Ben responds, "Because you are one. Half chocolate and half vanilla." The others around them laugh. Paul responds "That's not true. I am not!" and runs off.

A set of 10 Social and Emotional Learning (SEL) lessons aimed at combatting bullying in a school environment by developing the social and emotional skills of young people aged 11-14.



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